

125+
SPARKLING JEWELS
GLAMOROUS GOWNS
SEXY HIGH HEELS
ALL IN COLOUR

TODAY

"We dress up and go for date nights—at home."

DIIPA BÜLLER-KHOSLA

Love in LOCKDOWN

THREE DIGITAL STARS ON THE NEW NORMAL

contributors



DENIZ TAVUKCU

She is a Belgium-based wedding photographer. Currently studying at the University of Brussels, Tavukcu runs her business through her Instagram account. In this issue, she captures some special moments as she photographs one of our cover stars, Masoom Minawala Mehta, in 'Taking it Slow'.

Best gift you've ever received from your partner? All his hand-written notes and a lovely silver bracelet.



PAAYAL MAHAJAN

Mahajan wears many hats: She is the founder of Essential Body Couture Skincare, a Reiki practitioner, and certified health coach. She also runs Sakhi, India's largest emergency helpline for women. In this issue, she shares facial massage techniques that help you get a glowing complexion in 'Massage Miracle'.

Your pet peeve? Don't tell me how much coffee I should or shouldn't drink.



ANU KAUSHIK

A Delhi-based makeup artist with over two decades of varied experience, Kaushik is one of the most sought-after names for bridal makeup and celebrity and editorial shoots. Her client list includes Sonam Kapoor Ahuja, Rani Mukherji, and Swara Bhaskar. In this issue, she details the steps to flawless makeup in 'Prime Time'.

The best part of your job? I get to travel to the most exotic locations for shoots.



ALINA KRASIEVA

She is a wedding and lifestyle photographer based in the Netherlands. Being a sales manager didn't quite cut it for her and she soon quit to pursue her passion photography.

Krasieva enjoys the opportunity to meet different people and tell their stories through her lens. In this issue, she shoots one of our cover stars Diipa Büller-Khosla in 'Happy Together'.

A vacation spot you keep going back to? Florence, in Italy, is the place I keep going back to. The city has a very special place in my heart.



ARNAV SHAH

He is the co-founder of BikeCleanse and holds a degree in Industrial Engineering from Michigan State University. He met his wife Summiya, a social media influencer, through common friends at a lunch. The rest, Shah says "is history". He photographs Summiya in 'Life As We Know It', part of this issue's cover story.

Your best friend through the shoot? The air conditioner! It had it been working. It was a super-hot day! ■

the look | face massage

Miracle

message

Here are seven steps (in under seven minutes) to a glowing complexion with the help of facial massage techniques, which can be done in the comfort of your own home

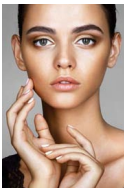
A radiant complexion is the base for flawless makeup. And you must give it some extra love in the weeks leading up to your wedding because stress is one of the biggest causes of inflammation.

Practicing at-home facial massages not only combats anxiety, it also helps achieve a clear and radiant complexion from within. And while you may not be an expert, there are certain pressure points in your face that can help drain lymph nodes, eliminate puffiness, and actually work to firm and lift your face over time.

try this at home

STEP 1 Before you start, wash your hands thoroughly. Cleanse your face and use a cold-pressed oil, such as jojoba or sweet almond, to help your hands move easily as you massage your face.

STEP 2 Using your middle finger, trace an imaginary line down from your pupil to your cheekbone. You're looking for the highest point of your cheekbone. Use the pad of your finger to gently press down on this



point. Hold to the count of 10, and release. Do this on both sides.

STEP 3 To really work the facial muscles, use upward and outward strokes as you move your hands from your jawline up to your cheekbones.

STEP 4 On your forehead, using both hands alternately, use strokes that work your skin up and outward. Start between both eyebrows, where your third eye is seated, and work with alternate hands in an upward motion.

STEP 5 To lift away crow's feet, use a T-motion on the temples, allowing the outer corner of the eyes to move and stretch as you gently pull upward.

STEP 6 For lifting and firming the muscles around your mouth, first unclench and loosen your lips. Now, hold each side of your mouth with your index finger and thumb, and pull your lips gently outwards. Repeat this motion on each side 10 times.

STEP 7 Never ignore your neck. Use the same two-handed movement to massage your neck—upwards and outwards towards your ear lobes. ■